



Volume 5, Issue 2 – June 2026

## Table of Contents

| Content                                                                                                                                                                                                                                                                                                                                                      | Page    |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------|
| Socialization of The Use of Used Plastic Bottles as a Model of The Human Respiratory System for Elementary School Children<br>Nurul Setiani, Sulthaanika Ferdy Syahwardi, Budi Setiawan, Suryo Sulisty, Marvinda Rizki Dita Dirgantara, Uswah, Faisal Kemal, Dyah Nursari A, Suci Nurazizah, Dilla Ayudya, Ferdiansyah Ardana, Devin Ramadhan, Nur Riza Dewi | 50-54   |
| Integrating Health Education and Holistic Nursing (Acupressure and Hydrotherapy) to Improve Knowledge and Clinical Outcomes of Hypertension and Joint Pain<br>Liyanti, Fatimah, Muhammad Noorhadi, Muhammad Busyairi, Rabiatal Adawiyah, Meti Agustini                                                                                                       | 55-60   |
| Foot Reflexology Interventions for Blood Pressure Control in Hypertensive Individuals: A Locality-Specific Analysis in Pekauman Ward, RT.15<br>Anita Agustina, Fadila Auliya Putri, Titi Kurniati, Emi Okiyawati, Saipurahman, Wisnu Wijaya                                                                                                                  | 14-18   |
| Empowering Community: The Role of Health Education and Acupressure Socialization in Independent Pain Management in Desa Lepas<br>Eko Yulianto, Milasari, Hanifa amini, Gati Handayani, Isti Qamah, Nurrani Fitriani                                                                                                                                          | 61-67   |
| Efficacy of Warm Ginger Foot Soak on Gout Arthritis Pain in Lepas Village<br>Dewi Nurhanifah, Hendry Wardhana, Renaldy Rahman, Krisneni Sibuea, Nabila                                                                                                                                                                                                       | 68-75   |
| Solar PV Adoption for Energy-Independent Poultry Farming in Rural Communities<br>Ilham Saputra, Azhar Adi Darmawan, Samin                                                                                                                                                                                                                                    | 76-81   |
| Improving Climate Change Literacy Through a Clean Energy Transition Seminar for Vocational High School Students<br>Safiq Abdillah, Samin, Azhar Adi Darmawan                                                                                                                                                                                                 | 82-94   |
| Data Collection in Flood-Prone Housing Areas of Balangan and Tabalong Regencies<br>Hanny Maria Caesarina, Juniar I La Sinta                                                                                                                                                                                                                                  | 95-101  |
| Empowering Gen Z Mental Health: MMM-BPSC Psychosocial Education for Vocational Students in Banjarmasin<br>Muhammad Anshari, Dewi Nurhanifah, Herda Ariyani                                                                                                                                                                                                   | 102-106 |
| Education of Acupressure Therapy for Hypertension Control in the Bahalayung Village Community<br>Rida' Millati, Ditha Tri Utami, Halimatus Sa'diah, Meisya Maulida Azizah, Risyda Nur Azizah, Salsabila Syifa Nur Khairina                                                                                                                                   | 107-116 |